

Nurture Club

TUESDAY LUNCHTIME	WEDNESDAY LUNCHTIME	FRIDAY LUNCHTIME
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What is Nurture Club?

Nurture Club provides a safe space where children can come to talk.

It can be used as a retreat away from the playground.

Miss Fretwell welcomes all children in to Nurture Club for as much time as they choose.

During the time they are in the club, children are supported in discussing their feelings, sharing worries or simply relaxing away from the busy outdoor space.

There is great emphasis on emotional literacy, personal development and communication.

Lots of my visitors join the club feeling quite sad but the majority leave laughing.

Miss Fretwell



Miss Fretwell runs our Nurture Club. She is a Level 2 trained counsellor and Mental Health First Aider. Through her role as Family Support Liaison Officer, she helps families to thrive.

What the children say:

"It is lovely. I love going there to talk about all my problems.

Miss Fretwell helps me to understand what is making me sad. "

Maisie

"If you fall out with your friends or you're feeling lonely, it gives you chance to talk and Miss Fretwell helps you make a plan to repair things."

Robyn

"I like to talk about my feelings with Miss Fretwell. "

Delilah

